

Biophysical dissection of membrane proteins

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The first atomic-resolution structure of a membrane protein was solved in 1985. Twenty-four years and more than 180 unique structures later, what have we learned? An examination of the atomic details of several diverse membrane proteins reveals some remarkable biophysical features and suggests that we can expect to achieve much more in the decades to come.

Two events define the beginning of the modern era of membrane-protein biophysics: the determination of the three-dimensional structure of bacteriorhodopsin¹ at low resolution by Richard Henderson and Nigel Unwin in 1975, and the atomic-resolution structure of the *Rhodopseudomonas viridis* photosynthetic reaction centre² by Johann Deisenhofer and Hartmut Michel in 1985. Although spectroscopic studies^{3,4} of isolated membranes had suggested in the mid-1960s that the proteins of plasma membranes are largely α -helical, Henderson and Unwin's 1975 structure¹ established unequivocally the existence of transmembrane α -helices in a membrane protein. Deisenhofer and Michel's structure confirmed the presence of transmembrane α -helices and allowed an atomic-level interpretation of biophysical data for the first time. As important as the structure was on its own, the more important accomplishment may simply have been to demonstrate that membrane proteins could be crystallized, thereby opening the way for atomic-resolution X-ray crystallography.

As other groups picked up the challenge, progress accelerated (Fig. 1a) such that now, 24 years later, we have high-resolution structures for more than 180 unique proteins (Fig. 1b). What have we learned about membrane-protein biophysics as a result? In this Overview, I extract some general features of membrane-protein biophysics from the five reviews that follow in this Insight, which dissect the operation of several membrane proteins at the atomic level. The clearest feature is that interactions with the lipid bilayer are important, but no general principles about these have yet emerged. Symmetry, which arises from gene duplications, is seen to be a building block of transporter function. In addition, we find that water can penetrate deeply into membrane proteins, despite the non-polar character of the bilayer. As expected from their biosynthetic pathways, all plasma-membrane proteins are α -helical bundles, but there are wide variations in geometry, related in part to water penetration and interactions with the bilayer. Seven-helix bundles, which are hallmarks of G-protein-coupled receptors, seem ideally minimalist and are extremely versatile signalling platforms.

Transporter structural motifs

Sodium-coupled transporters, which are reviewed by Eric Gouaux (see page 347), are an important class of membrane protein, exhibiting pseudo-two-fold symmetry and deep water penetration. These so-called secondary transporters are 'couplers' because they couple the energetic 'uphill' movement of one solute to the 'downhill' movement of another solute. For sodium-coupled transporters, the energy gained from the movement of sodium ions down an electrochemical gradient is used to concentrate substrates, such as aspartate⁵ and leucine⁶, on one side of the membrane. These transporters, which take advantage of the two-fold

structural symmetry, work as 'rocker switches' to provide alternating access to the two sides of the membrane⁷. As Gouaux points out, a broad range of transporters share these features despite having low sequence identity and differing numbers of transmembrane helices. For example, the vSGLT sodium/galactose symporter⁸ has 14 transmembrane helices and the Mhp1 benzyl-hydantoin transporter⁹ has 12 transmembrane helices, but the transporter function is carried out by pseudo-two-fold-related 5+5 transmembrane repeats.

Signalling and seven-helix bundles

Another class of couplers are the G-protein-coupled receptors (GPCRs). These seven-helix membrane proteins receive an optical or chemical signal on the extracellular membrane surface and initiate G-protein-based signalling cascades in the cytoplasm. GPCRs, which are categorized into six subclasses, form the largest single class of eukaryotic membrane proteins and are the targets of many of the drugs being developed by pharmaceutical companies¹⁰. Because of their pharmaceutical importance, there have been extensive efforts — dating back to 1992 at least¹¹ — to build molecular models of ligand-activated GPCRs to guide drug discovery. The first models were based on bacteriorhodopsin, which has seven transmembrane helices and a covalently linked retinal whose photoexcitation drives proton transport. But when the structure of bovine rhodopsin, a true GPCR, was determined¹², modellers turned their attentions to that, with little success¹³. Finally, in 2007, the first structures of ligand-activated GPCRs became available, starting with human β_2 adrenergic receptor co-crystallized with Fab5 antibodies¹⁴. On page 356, Daniel Rosenbaum, Søren Rasmussen and Brian Kobilka review the structural and mechanistic insights into GPCR function gained from these structures, which include higher-resolution structures of β_2 adrenergic receptor^{15,16}, turkey β_1 adrenergic receptor¹⁷, human A_{2A} adenosine receptor¹⁸, opsin¹⁹ and squid rhodopsin²⁰.

A recent mini-review provides a close structural comparison of GPCR structures²¹. The lesson that emerges is that the seven-transmembrane-helix bundle is extremely adaptable, and perhaps also minimalist. Why minimalist? Bacteriorhodopsin can be refolded in lipid vesicles from separated helices (A, B and CDEFG)²². Using retinal absorbance as a measure of folding, neither A+CDEFG nor B+CDEFG gives native spectra, whereas A+B+CDEFG does. This implies that seven is the minimum number of helices needed to maintain the native environment of retinal. It may be that seven helices provide ample space for a wide range of ligands through relatively minor helix distortions and reorientations, without the need to increase or decrease the number of transmembrane helices.

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Helix hairpins

A physicist friend once opined that the concept sketches, such as rocker switches, drawn by biologists must be hopelessly naive. Surely the real mechanisms must be far more subtle, drawing on sophisticated physics not yet revealed? Well, membrane protein machines really do function largely according to the principles embodied in the sketches (which, of course, summarize years of painstaking work, a fact overlooked by my friend). This is certainly true of F_0F_1 ATPase (or simply ATP synthase). Paul Boyer introduced in the 1980s the concept of rotary catalysis²³ by F_1 ATPase; John Walker and colleagues²⁴ provided the nearly complete structural details of rotary catalysis by solving the structure of the ATP synthase at atomic resolution.

ATP synthase generates ATP from proton electrochemical gradients in mitochondria. The ATP-producing F_1 domain is a rotor with a shaft that passes through the membrane-embedded F_0 sector, which is composed of ten transmembrane two-helix c-subunits. The multiple two-helix-hairpin motif is apparently ideal for flexibly stabilizing large complexes with circular symmetry, such as light-harvesting complexes^{25,26}. ATP synthases of different types can have up to 14 c-subunit hairpins²⁷. Although the exact biochemical reason for variations in c-subunit number is not understood, structurally it seems to be an efficient way to expand a boundary of a membrane protein. Need a larger boundary? Just add a few more hairpins. Protons that pass through F_0 on their way down the electrochemical gradient drive the F_1 rotor to produce ATP via the mechanical energy produced. Remarkably, the rotation of the rotor can be observed and quantified by attaching a fluorescent actin filament to the γ -subunit shaft²⁸. Wolfgang Junge and his colleagues Hendrik Sielaff and Siegfried Engelbrecht describe the structure and operation of this remarkable machine in their review (see page 364). Junge provides excellent movies of the synthase in action as Supplementary Information. More movies and structural information can be found at www.biologie.uni-osnabrueck.de/biophysik/junge/picsmoms.html and www.mrc-dunn.cam.ac.uk/research/atp_synthase.

Bilayer distortion

Intramembrane-cleaving proteases (iCLIPs), first identified by Michael Brown, Joseph Goldstein and colleagues^{29,30}, irreversibly cleave transmembrane helices to release tethered signalling domains intra- or extracellularly. For example, site-2 protease (S2P) cleaves the cytoplasmic domain of the mammalian sterol regulatory element-binding protein (SREBP). The liberated domain then travels to the nucleus to activate genes involved in cholesterol and fatty-acid biosynthesis. An iCLIP of current interest is the catalytic subunit of γ -secretase, presenilin, which liberates the amyloid- β peptide. S2P and presenilin are examples of metallo- and aspartyl proteases, respectively. A third class of iCLIP comprises the rhomboid serine proteases, which in *Drosophila* liberate the epidermal growth factor domain by cleaving the single-transmembrane Spitz protein.

The conceptual difficulty with iCLIPs is that they must carry out hydrolytic reactions within the hydrophobic membrane interior. The mystery of how they achieve this is emerging from the recently published structures of S2P³¹ and rhomboid proteases from the bacteria *Escherichia coli*^{32–34} and *Haemophilus influenzae*³⁵, as discussed by Elinor Erez, Deborah Fass and Eitan Bibi in their comprehensive but succinct review of intramembrane proteases (see page 371). As with sodium-coupled transporters, there is deep penetration of water into the heart of the rhomboid, allowing peptide-bond hydrolysis by a catalytic dyad composed of serine and histidine. An unusual (perhaps even unique) feature of the six-helix rhomboids is the rather large L1 helical loop between helix 1 and helix 2 that protrudes parallel to the membrane plane with deep penetration into the bilayer interface. The exact function of this loop is uncertain, but it may be involved in the regulation of proteolysis. Helix 5 sits at the membrane entrance to the catalytic site, but is on the opposite side of the protein to L1. Molecular dynamic simulations³⁶ suggest that there is dynamic coupling between L1 and helix 5, consistent with a regulatory role for L1. The simulations also show that the irregular shape of the protein causes significant bilayer

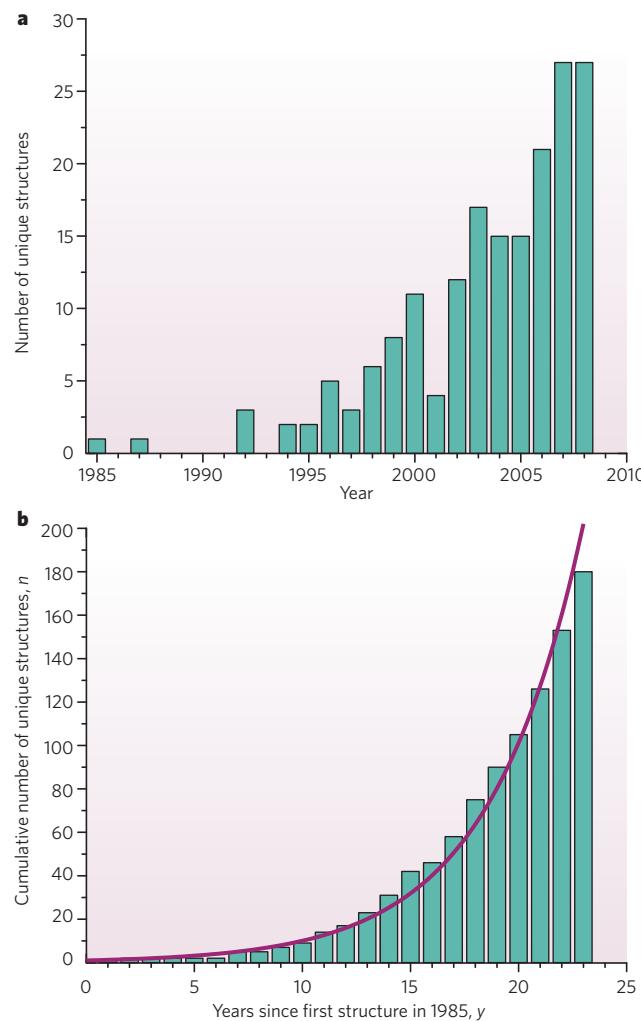


Figure 1 | Progress in determining membrane protein structures. Only unique structures are included in the statistics. Proteins of the same type from different species are included, but structures of mutagenized versions of proteins are excluded, as are proteins that differ only in terms of substrate bound or physiological state. **a**, The number of structures reported each year since 1985. **b**, The bars represent the cumulative number (n) of structures plotted against the number of years (y) since the first structure was reported. The solid curve is the best fit to the equation $n = \exp(ay)$, where $a = 0.23$; the reduced χ^2 of the fit is 0.6. Data are from a curated database of membrane proteins of known structure at http://blanco.biomol.uci.edu/Membrane_Proteins_xtal.html.

deformation in the vicinity of the active site, and that hydrogen-bond interactions with bilayer lipids affect protein orientation and dynamics. Distortion of the lipids in the vicinity of the active site may be necessary to admit both water and transmembrane-helix substrates.

Restoring the bilayer to membrane proteins

The function of rhomboid proteases requires careful consideration of the effect of the lipid membrane itself, within which all membrane proteins must exist and function. The difficulty with membrane-protein crystallographic structures is that we never see the surrounding membrane, except to the extent that a few lipids or solubilizing detergent molecules may form part of a crystal's unit cell. A powerful approach to understanding a membrane protein in context is to restore the membrane and its lipids computationally, which can be done either by atomic-level molecular dynamics simulations³⁷ or by continuum mechanics. Rob Phillips, Tristan Ursell, Paul Wiggins and Pierre Sens describe the use of the latter approach (see page 379), which is especially useful for understanding the interplay between tension-gated ion channels and the membrane. It is also useful for describing the

interactions between proteins in the crowded membrane environment³⁸. A fundamental question for the future is how to move seamlessly between continuum and atomic-level simulations.

Structural themes

Some unexpected structural themes have emerged from the X-ray structures of membrane proteins discussed here. The bacteriorhodopsin structure, finally solved to atomic resolution by electron crystallography³⁹ in 1996 and by X-rays⁴⁰ in 1997, revealed the transmembrane-helix bundle as the fundamental structural motif of plasma-membrane proteins (bacterial, mitochondrial and chloroplast outer-membrane proteins generally have a β -barrel motif^{41,42}). The seven-helix bundle characteristic of bacteriorhodopsin is a remarkably versatile motif, as is apparent from G-protein-coupled receptors. Proteins involved in proton and electron transport form very tight ‘waterproof’ bundles, whereas transporters such as the *E. coli* lactose permease⁴³ and the mitochondrial ADP/ATP carrier⁴⁴ have large, water-filled cavities that extend almost completely across the membrane. Sodium-coupled transporters share this feature, albeit to a lesser extent. Also discovered in the first structure of an ion channel, the KcsA potassium channel⁴⁵, these water-filled cavities complicate the prediction of membrane-protein topology by hydropathy analysis.

Another theme to emerge is an internal structural repeat and inversion of the first half of the protein to form a helix bundle with a pseudo-two-fold symmetry about an axis parallel to the membrane plane. This pattern apparently arises from ancient gene duplications, as described in detail in a recent review⁴⁶. In a few cases, such as the *E. coli* EmrE multidrug transporter⁴⁷, the two-fold symmetry may arise from two dual-topology monomers inserted with opposite topologies⁴⁸ to form the functional homodimer. Finally, from studies of voltage-sensor domains⁴⁹ that control voltage-dependent ion channels and enzymes, and which can act as ion channels themselves, we now know that charged amino acids, especially arginine, can be buried directly in the lipid bilayer as a result of salt bridges and lipid polar-group interactions.

The biophysical motifs discussed here are highlights from a rich menu of structures. The 180 unique structures available at the end of 2008 have revolutionized our understanding of membrane proteins. What does the future hold? What new motifs and folds will appear? James Bowie and colleagues⁵⁰ have estimated that about 1,700 membrane-protein structures are needed to account for each structural family. At the present pace and level of technology, that will take about 30 years. So stay tuned for the remarkable progress of the past 24 years to continue. ■

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